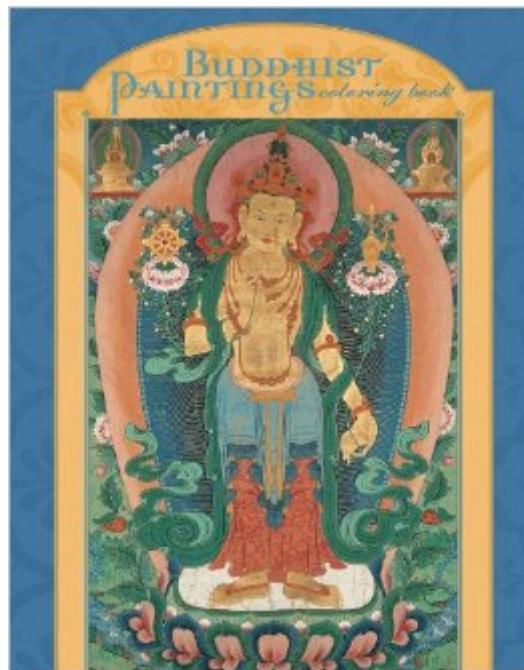


The book was found

# Buddhist Paintings Coloring Book



## Synopsis

Pomegranate's Buddhist Paintings coloring book features 22 drawings of figures important in Buddhism. Coloring pages are blank on the back so they can be cut out and displayed. Published with the Asian Art Museum of San Francisco. One forty-eight page 8 1/2 x 11 in. book with twenty-two images to color. Each illustration is reproduced in a small, color version of the original artwork and as a full-page black line drawing. Buddhism is a set of beliefs and practices that follows the teachings of Siddhartha Gautama, a young prince who lived in northern India or Nepal around 2,500 years ago. Stories passed down through generations tell of how Siddhartha gave up his comfortable life at the royal palace and wandered the land, living among the common people and witnessing much human suffering. This experience led him on a quest to find release from the cycle of suffering. He studied with wise teachers but still did not find the answer. Finally, he decided to meditate (sit in quiet thought) until the answer came to him. After 49 days he finally achieved enlightenment, or attainment of wisdom. Then he attained Buddhahood ('Buddha' means 'enlightened one' in Sanskrit, one of the languages of India and Asia) and spent the rest of his life teaching what he had discovered. Since that time, Buddhism has spread worldwide. The twenty-two pictures in this coloring book depict many figures important in Buddhism, from compassionate deities (gods) to humble abbots (heads of monasteries) to wise arhats (disciples of the Buddha entrusted with propagating and protecting Buddhist beliefs). The original artworks are shown on the inside covers. When you color the pictures, you can follow the colors used in the original works or choose your own. The last page of the book is blank, for you to draw your own spiritual guide. Would it be a person from your school or place of worship? Or perhaps an imaginary being who watches out for you?

## Book Information

Paperback: 48 pages

Publisher: Pomegranate; Clr edition (May 31, 2009)

Language: English

ISBN-10: 0764950320

ISBN-13: 978-0764950322

Product Dimensions: 0.5 x 8.5 x 11 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 starsÂ  See all reviewsÂ  (12 customer reviews)

Best Sellers Rank: #615,012 in Books (See Top 100 in Books) #30 inÂ  Books > Children's Books

> Religions > Eastern #6992 in Books > Children's Books > Activities, Crafts & Games > Activity Books

Age Range: 4 and up

Grade Level: Preschool and up

## Customer Reviews

This coloring book depicts many figures important in Buddhism, from compassionate to humble abbots to wise disciples of Buddha - all originally printed on linens or silks. All these works of art are in the collection of the Asian Art Museum of San Francisco. The original artworks are pictured on the inside covers to inspiring us to color our own version. The particulars of this book: ~ 22 beautiful images ~ one design per page, none on the backside ~ each design is labeled at the bottom of the design ~ excellent quality paper, some bleed through with alcohol markers ~ precise printing, thin lines ~ book can be unstapled to cut out the pages Quiet, peaceful, contemplative and creative process when coloring these beautiful designs.

I picked this coloring book up at the Asian Art Museum. Each picture is on a one sided page so there isn't any bleed through. Each page is fairly thick, too. The images are various famous artworks of Buddhas. The beginning of the book talks about the origins of Buddhism. On the inner front and back covers there are small versions of the actual paintings so you can copy the coloring if you would like. I color for relaxation, meditation and fun, but this would be useful for older children. I would suggest this to any coloring book fan. It is high quality for those adult fans of coloring books as well. It is my favorite one so far.

Works of art from the Asian Art Museum of San Francisco have been rendered for coloring.

Beautiful works for adult coloring enthusiasts and of benefit for those interested in Buddhist art and Buddhism, too.

Not a very big book, but the designs are detailed enough to be time consuming and take some time to complete. Beautiful designs. Single side pages are nice and the paper is sturdy. I'm very happy with it.

Good format- pages are single sided and paper is of good quality. I color for relaxation and this is one of my favorite selections.

The illustrations are great, and I intend to use it more as a reference to all the details that are in these drawings.

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